DEPARTMENT OF PUBLIC HEALTH NURSING
UNIVERSITY OF TORONTO 738

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THE CANADIAN NURSE

AND HOSPITAL REVIEW

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THE

CANADIAN NURSE

A Monthly Journal for the Nursing Profession in Canada

Editor and Business Manager.....**MISS HELEN RANDAL, R.N.**

VOL. XVII. VANCOUVER, B. C., DECEMBER, 1921 No. 12

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A MERRY CHRISTMAS

AND

HAPPY NEW YEAR

FROM

"The Canadian Nurse and Hospital Review"

Report of Saskatchewan Registered Nurses' Fall Convention

The first week of November might well have been called "Hospital Week" in Regina. On Monday the Registered Nurses met, and following their Convention, the Western Hospital Association and the Saskatchewan Hospital Association each met for two days; the Western Canada Branch of the Catholic Hospital Association also held its first annual convention at the same time.

Among the outstanding speakers present at the meetings of the two Hospital Associations were:—Dr. A. K. Haywood, Superintendent of the Montreal General Hospital; Dr. G. F. Stephens, Superintendent of the Winnipeg General Hospital, and Dr. M. T. MacEachern, Superintendent of the Vancouver General Hospital. Hospital problems were dealt with from every angle,—the community's duty to the hospital, and the hospital's duty to the community and to the patient; how best to secure the co-operation of those outside of the hospital as well as from the entire hospital staff, in order to give efficient service, most quickly and most economically. Much was said of "Hospital Standardization," and with a Medical Profession, Hospital Boards, and the general public already so alive to the necessity of providing proper hospital equipment, securing a staff of competent physicians, and providing proper system of records, that the hospital may be a safe place for the patient to enter,—we, as nurses, surely need have no fear of lack of recognition by the same medical profession, the same hospital boards, of the necessity also of standardization of the nurse's training course, and of provision of suitable equipment, that the training school may be a safe one for the student nurse to enter, and that the hospital may, at the completion of the course of training, safely give its guarantee that the nurses graduating from its training school are persons to whom the care of the sick may quite safely be entrusted.

The President of the Registered Nurses' Association, Miss Jean Browne, in her opening address, urged the need for united action, for unity within the province, and for the most hearty co-operation with the national organization; she warned against the danger of weakening the parent body by too many divisions into sections. Later in the day, Miss Browne gave a most delightful and instructive account of nursing conditions in England and France. Methods in the English Training Schools she had visited were compared with those in our Canadian schools. The excellent work of the supervised English midwife was most highly commended. Of particular interest was the account of the progress in the French training schools. The training of the French midwife, especially in one Paris school where a course of training extended over two years,

was also of great interest. It is hoped that Miss Browne's paper will appear in full in an early number of the Journal.

In reports of conveners of standing committees, the report of the nursing education committee, in which a number of recommendations were made, required special attention. The recommendation was made that training school superintendents and instructors of nurses should get together in longer conference than that provided by the regular association meetings, and the suggestion was made of an "Institute" for discussing methods of teaching, uniform systems of records, etc. It was decided to approach the University of Saskatchewan to see if, through the University, a summer course of one month might be arranged for the summer of 1922, which would offer opportunity for the "getting together," and where, under expert instructors, the most modern teaching methods might be demonstrated.

The question of affiliation of smaller training schools with larger schools, in order to make up certain deficiencies which must of necessity exist in the smaller school, was fully discussed, and, on motion from the meeting, was passed on for discussion at the meeting of the Saskatchewan Hospital Association. Rev. Mother Allaire was asked to present the resolution from the Nurses' Association. It is of interest to note here, that while the Nurses' Council, in the resolution they had presented, had suggested an affiliation period of at least nine months; the Hospital Association, while heartily endorsing the principle of affiliaton, recommended that the term of affiliation be one year, and, in addition to this, that the larger hospital assume the financial responsibility of the monthly remuneration of the student during the year of affiliation. The question was left open by the Nurses' Association for further discussion at the annual meeting.

In connection with means of increasing the circulation of the *Canadian Nurse*, it was decided to make the suggestion to the Editor of the magazine that a page or section be set apart for the use of training schools; and that this page should be devoted to material of an educational nature, such as papers by the students descriptive of new nursing procedures, illustrations, questions and answers, etc. It was hoped that in this way student nurses would be more interested in the journal, and it was felt that once having secured their interest, there would be no further worry about the renewal of subscriptions.

Reports of the conventions of the National Nursing Associations were presented by the two delegates, Miss Jean Urquhart and Miss Mabel Gray, who had attended the Quebec Conventions as the representatives of the Association.

Communications received from the National Secretary, and from the Conveners of National Committees were also presented and action taken

as indicated. The subject receiving most attention was that of the report of the National Memorial Committee. A resolution was passed pledging the most hearty co-operation of the Registered Nurses of Saskatchewan. The recommendation of the National Committee that a strong Provincial Committee, with Provincial Convener and Provincial Treasurer, be appointed, was carried out. The suggestion of the National Committee that contributions of five dollars be asked from every nurse before the public be approached for subscriptions was also approved. All funds raised in each province are to pass through the hands of the Provincial Treasurer before being forwarded to the National Committee. That nurses throughout the province may get in touch with the nearest member of the Committee for any information they may desire, the personnel of the Committe is given in full:—Convener, Miss Jean Urquhart, Director, Junior Red Cross, Regina; Treasurer, Miss Edith F. Macey, Instructor, City Hospital, Saskatoon; Members—Miss Gladys Jordison, Moose Jaw; Mrs. Bradbury, 408-10th East, Prince Albert; Miss C. E. Guillod, Superintendent, General Hospital, Maple Creek; Miss Ann Morton, Weyburn; Mrs. Feeny, Box 4292, Yorkton; Miss D. Gillespie, Superintendent, General Hospital, Swift Current; Miss Jean MacKenzie, North Battleford; Miss M. Montgomery, Lady Superintendent, Saskatchewan Sanitarium, Fort Qu'Appelle.

An invitation having been most cordially extended by the Prince Albert Nurses' Association to hold the annual meeting in Prince Albert next spring, the invitation was accepted, the date of the meeting to be fixed later by the Nurses' Council.

A CHRISTMAS THOUGHT.

If Christ were born indeed in the hearts of men to-day,
Then men would suddenly waken to know just why He came;
Came as Mary's baby, and in Mary's bosom lay,
While angels sang their Glorias, and told the world His name.
Gloria in Excelsis! O, hark—they are singing still!
Bringing their message to earth again—Peace and Goodwill!

Let Christ be born indeed in the hearts of men to-day!
Let ev'ry soul make ready its own blest Bethlehem;
And they who go with the Shepherds shall never miss the way—
And they who go with the Kings from the East shall find the Star with them.
There is still the song to sing, and still the prayer to pray,—
O Christ, be born indeed in the hearts of men to-day!

Blanche E. Holt Murison.

Editorial

The Editor, as business manager, discovers great lack of business knowledge in small affairs, as shown so many times by the nurses, in connection with the magazine. As is well known, the magazine finances have to be carefully husbanded in order to make ends meet, and, knowing this, one feels certain that it is only ignorance of business matters that permits a nurse to add her mite to the financial burden. Every nurse should know, for instance, that a cheque sent outside her own city must have the exchange added to it. She should add at least 15 cents to each cheque under $50.00 and 25 cents for more. Every two dollar cheque costs exchange, and fifteen cents repeated many times and deducted from our small subscription price soon mounts up to a considerable sum of money. Another important point to be remembered by the sender of cheques is, that if made out on a savings account, the number of the account must be put on the cheque; another, that the name of the organization as well as the proper officers to sign such cheques must be written or stamped; and lastly, a two-cent stamp must be placed on it by someone—if not the sender, then the receiver must pay it. "Many a mickle makes a muckle," says the old Scotch proverb, and we find it true in this office when we have the many small sums added into the large ones at the end of the year, which makes our financial statement smaller on the right side. Postal notes or money orders are preferred, as these matters must be attended to by the one remitting. The Editor feels sure that it is only lack of financial knowledge, and that, after this notice, things will be changed and the magazine office get the full value of every cheque received.

* * * *

"I must give up nursing," said a splendidly successful nurse the other day. "I can no longer stand the strenuous work and the long hours of private duty, much as I love my work." "I have been kept very busy; doctors felt that I should not refuse a case just because I felt tired—not ill, but tired, mind and body. So I, loving my work, and partly, too, because I felt I must earn enough in my early professional life to keep me later—took fewer holidays than I should. Now I must stop—and what can I do?"

Some such conversation as this is heard often now—and will be heard still more often in the future. Our profession is young, and we are only now seeing the early graduates out of the running, and the

question for nearly all of them is, "What can I do?" What could you or I do, if we had to stop our professional work as nurses tomorrow? Have we the resources within us to take up another less strenuous line of work, or have we been among the wiser women who will have provided at least the money for a home and change of work?

The young, healthy, enthusiastic graduate does not realize in the least the comparative shortness of her working life, nor the necessity of making some provision for her future. Very few women can earn enough to provide for the day when the "grasshopper becomes a burden"—no—not even the private duty nurse of whose "exorbitant charges" it is so popular to talk. Could the necessity for insurance for future income be made the theme for this winter's work in the various nursing associations—with special attention paid to the nurse just graduating,—some of this worry for the future might be avoided. It is hard to convince the young of the value of such provision, but even when Prince Charming does come,—an insurance policy promising certain returns in years to come is not to be despised.

Letters to The Editor

Dear Editor,—

I should greatly appreciate if you would publish the following question in the next issue of your magazine.

I am seeking information re the "War-Graduate" nurse. I am woefully ignorant as to her standing in the ranks. Can anyone enlighten me? Is she a V.A.D. with the "Graduate" tacked on for her services rendered O.C.? In the November publication of the *Canadian Nurse* my ignorance is once again confronted by still another kind of new nurse—the "Public Service" nurse. Who is she? I should be very grateful for enlightenment.

Thanking you,

Respectfully yours,

B. M. R.

AN APPEAL FROM ILLA, FORMOSA.

Dear Canadian Nurse Readers,—

When the call came to our Dominion in 1914 to "Shoulder Arms," was there any lack of response? When, shortly following that, the call came to our nurses for their assistance, was the response any the less hearty?

The need for men 'over there' is almost over, and our nurses have

again resumed home duties. But what of God's great 'Over There'?

In Formosa, our hospital has 81 beds, with two foreign and twelve native nurses. One of these foreign nurses is in Canada now on sick leave. The work has been suspended for a time, but we hope in 1922 to start again. The institution will need two foreign nurses and there is not a second one in sight.

On every hand the Chinese are asking, "When will the hospital open?" The patients are here, the doctor is here, but still we wait for a nurse.

The primary aim of the hospital is to be a means of saving souls, and to this end Christian teaching is carried on continuously. The work is fascinating and absorbing, with almost unlimited scope for one's energies and the working out of individual ideas.

How long? The nursing department is much too heavy for one foreign nurse. Who is there, from our Canadian nursing world, who will share this burden?

ISABEL ELLIOTT, R.N.

October 4th, 1921
Taihoka, Formosa, Japan.

For further information, please address Miss Elliott, Taihoka, Formosa, Japan, or Mrs. R. J. Maclennan, Presbyterian Secretary W.M.S., 31 Oriole Parkway, Toronto, Canada.

A Bright and Blessed
Christmas Day
With echoes of the angels' song
A peace that cannot pass away
And holy gladness calm and
strong
And sweet heart carols
flowing free
This is my Christmas wish to
thee

News from The Medical World

By Elizabeth Robinson Scovil.

Pneumonia.

The Journal of the American Medical Association publishes an extremely interesting article on pneumonia. It advocates the use of an alkali to correct acidosis, and, even when this is not present, to raise the bicarbonate level of the blood, making it possible for the patient to exist with a smaller intake of air. It should be given only in amounts sufficient to make the urine alkaline when tested with litmus. Oxygen should be administered carefully and intelligently, with a modern apparatus, almost continuously, by a specially instructed nurse. Its continuation should be governed by the effect on the cyanosis and the comfort of the patient.

The Metric System.

A plea is being made for the universal adoption of the metric system. It is used by all the civilized world, except Great Britain and her colonies, Russia and the United States. Even Russia, before the war, calculated all her imports by this system.

A Woman Honored.

Dr. Louise McIlroy has been appointed to the chair of obstetrics and gynecology at the London School of Medicine for Women. She was surgeon in charge of the Scottish Women's Hospital at Salonika and Belgrade for four years, and since then has been gynecological specialist in the Eighty-second General Hospital, Constantinople.

Open Air for Babies.

The Southern Medical Journal strongly advises keeping babies and children, even sick babies, in the open air. It will give them better appetites, cause them to gain in weight, allay nervousness and improve sleep. A sick baby's chances of getting well are increased and a well baby's chances of getting sick are diminished. Tuberculosis, pneumonia, bronchitis, colds, etc., are house diseases. In summer use as little clothing as possible, in winter dress warmly.

Scarlet Fever Inoculation.

The Lancet, in reporting some experiments, says that prophylactic

inoculation against scarlet fever, with the blood of a patient taken before the eruption appears and given subcutaneously, causes no local nor general symptoms and protects against infection.

Breast Milk that Disagreed.

A French Journal reports the case of a child who, from the fourth day of its life until nearly five months old, had fetid diarrhoea after each nursing. At that time 1 c.c. of the mother's milk was injected into the wall of the abdomen, and three more injections of 2 c.c. each were given in the course of a month. The child had no further disturbance. In a second case a single injection of 5 c.c. was sufficient. There were no bad results.

Cocoa in Acute Ileocolitis.

Cocoa is recommended as having a distinct curative effect on the lower intestine. The child suffering from ileocolitis is fed every four hours. At 6 a.m. cocoa; 10 a.m. cocoa and junket; 2 p.m. broth and scraped beef; 6 p.m. cocoa and junket; 10 p.m. cocoa. In twenty-four hours the stools begin to improve and show semi-solid fecal contents, on the third or fourth day toast and eggs are given. The cocoa is made with a teaspoonful to a cup of water, sweetened with saccharin. At the end of a week potato and baked apple are added to the diet. It is stated that milk, being a mixed food, should be stopped when diarrhoea begins.

Repair of Lacerations.

Immediate repair of lacerations on the delivery table is advised when the woman's condition is good and the surroundings and equipment are favourable. Otherwise, the repairs are best done within thirty-six hours.

The Health of London.

In 1920 the birth rate in London rose from 18.2 to 26.4 per thousand. The death rate fell to 12.6, the lowest ever recorded. The infant mortality was 76, compared with 85 for New York, also a large center of population.

Resusitation in Anesthesia.

An Australian medical journal disapproves of the use of Sylvester method to restore breathing when suspended under an anesthesia. Rapid pushes over the sternum are advised as rapidly ventilating the lungs. Should the heart fail, atropin, strychine, or pituitary extract, may be injected into the heart muscle.

Feeding Premature Child.

A child weighing 1 pound 6 ounces at birth was fed hourly for the

first 48 hours with a small quantity of cream and whey mixture, 3 ounces in 24 hours. The child was laid to the breast from birth, though too weak to nurse. Breast milk obtained by breast pump was given by pipette or spoon, 1 dram every two hours for the first few days, increased in three weeks to 6 drams every three hours. The child lived and gained.

MISS JEAN WILSON, R.N.

The successful applicant for the scholarship given by the Canadian National Association of Trained Nurses at McGill University, Montreal, is Miss Jean Wilson, who is a graduate of the Lady Stanley Training School in connection with the County of Carlton General Protestant Hospital. Miss Wilson was a prominent member of the Registered Nurses' Association of Saskatchewan, and held several important hospital positions. She is taking the course in hospital administration and has the honour of being vice-president of the 1921-1922 class in the McGill University School for Graduate Nurses.

Miss Wilson was Superintendent of the Moose Jaw General Hospital for several years, resigning on account of ill-health. She is a charter member of the Moose Jaw G.N.A., member of the Executive of the Saskatchewan Hospital Association, a member of the Executive of the local Red Cross, and during the war conducted classes for V.A.D's.

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University of Toronto Department of Public Health

Notes concerning the Class of 1921-1922

The Department of Public Health Nursing at the University of Toronto began its second year of work on September 26th, with an enrolment of forty-one students. Following the policy laid down by the Department, these students are all graduates of standard training schools. It is interesting to note the distribution of the schools from which the members of this year's class have come, as it represents a rather wide area; nineteen of the nurses are graduates of Toronto hospitals, three come from other Ontario hospitals, two from St. John, N.B., two from Winnipeg, one from Calgary, one from a Scotch hospital, and thirteen from American hospitals. With one exception, the members of the last named group are all Canadians.

The custom of providing scholarships and bursaries for University students will probably grow rapidly in Canada in the coming years, and

we, as nurses, are making a good beginning in this respect. It means that we shall give an equal opportunity to all nurses, rather than allow the chance of financial standing to be the determining factor in the selection of our post-graduate students. In the Toronto Department we have this year a large number of nurses receiving scholarships which have been offered by various organizations, both lay and professional. We wish to mention particularly those provided by the Victorian Order of Nurses, as this seems such a significant step which has been taken by that organization. It is a generous offer, and such generosity will, we believe, be justified by the results obtained from the keen, whole-hearted service of well-trained women. The scholarship is worth $400.00, and, in return, the student winning it promises to serve on the staff of the Victorian Order of Nurses for one year following the completion of her course. During that year the nurse will receive the usual salary paid to the staff nurses of the Order.

Again the Department in this University is offering only the course in public-health nursing. No special training for other fields of nursing has as yet been undertaken. The course covers one academic year of eight months, beginning the end of September and closing in May. The training includes practical as well as theoretical work, the heavy co-operation of various agencies in the city making that valuable part of the training possible. With the facilities which Toronto offers, we hope to give due attention to the special needs of the individual student. A nurse who has had considerable experience in practical work, and who does not need the routine field-work as it has been arranged for those without experience, may have work especially planned to suit her own particular needs. In the same way, special lecture courses may be taken in other departments of the University should the student have good reason for undertaking such.

E. KATHLEEN RUSSELL.

Community Nursing at Sulphide

Sulphide is a little village of 300 inhabitants about 70 miles east of Peterboro. For some fifteen years The Nichols Chemical Co. have been operating a plant here, manufacturing acid and mining iron pyrites, from which sulphur is extracted.

The Company is very progressive and very anxious to promote the welfare of its employees. They pay particular attention to the health of the people—their recreation and education. The houses are equipped with bathrooms and electricity. There is a recreation hall with billiards, bowling alley and movies, and the school is supposed to be the best equipped rural school in Ontario.

For a time there was a company doctor who lived in Tweed—six

miles distant—but in January, 1920, a nurse was employed instead, and this has been found more satisfactory.

Some years ago an Employees' Association was formed for the purpose of managing the affairs of the employees. Each employee pays a monthly fee, and, for each $100.00 raised by the Association, the Company puts in $100.00. These funds keep up the recreation hall, the sick benefit fund and the nurse's salary. A small hospital is connected with the Club-house, where the nurse resides. The Company provides the drugs and supplies used by the nurse for dressings in the hospital and for use on her visits.

As far as industrial nursing goes, very little is done. Such stress is placed upon prevention that few accidents occur. Men come to the hospital to have every little cut dressed, and there have been no infected wounds since I came. Two men have lost a little time owing to accidents since April. The mine is well ventilated and the miners seem healthy. One case of tuberculosis has developed, but the man has been working here for a very short time and had a history of previous hemorrhages.

When someone becomes ill, the nurse is usually sent for at once. When I do not feel that I should assume the responsibility of the illness, I advise the family to send for the doctor. As a rule I find people unwilling to go to that expense. They think a nurse should be able to examine heart and lungs and diagnose all kinds of cases. Many would have their dentistry done, too. One man, with a few old roots in his mouth, is reported to have said: "She ain't no real nurse—she won't pull no teeth." Of course it is the more ignorant class who expect so much.

During a patient's illness I call every day if necessary, note the symptoms and give any nursing treatment that cannot be given by the people themselves. The health habits of the patient are always inquired into and instruction given regarding his diet and hygiene. In adults it is nearly always necessary to give advice regarding dental attention and the correction of constipation. The doctor's visits are necessarily few and much is left to the nurse. Nearly all the families have young children and there are no unmarried women in the village, so the problem of household help is hard to solve.

The nurse does pre-natal work, school work and infant welfare work as time allows. Pre-natal cases are visited and fortnightly specimens asked for, but these are not always sent to the nurse. Two cases of albuminuria were found this summer. Nearly all the mothers nurse their babies. Of course there is a tendency to feed them too often,though they know better.

We were fortunate to have Dr. Bell and Miss Osborne at a Child Welfare Clinic, August 25th and 26th. Ninety children were examined, sixty of whom came from Sulphide. The clinic was a great success and has stimulated a greater interest in Child Hygiene in both parents and children.

Dr. Bell noted that there were no cases of rickets or scurvy. No pediculosis and very little skin trouble, just two cases of impetigo. There were fifteen cases of malnutrition, eleven being due to tonsils and adenoids, one to bad teeth and three to improper feeding. The children's teeth were well brushed and they looked neat and clean.

As a rule the homes are well kept, well ventilated and the food well prepared. Of the more ignorant class—many of whom neither read nor write—less can be said. I found a case of scabies at school the other day and asked the child when he had had a bath. The reply was, "Not since the clinic, Miss."

There are about ninety children in Sulphide. During the last six months there have been seven births, no deaths and no serious cases of illness among children. In children up to five years of age, six cases of diarrhoea have occurred, most of which recovered in 24 hours.

The leading people in Sulphide are much interested in the work. The Superintendent, Mr. De Blois, could not do more to help the work along, and his sympathy and co-operation are of great assistance. The teachers, the Chairman of the School Board and the President of the Employees' Association, all deserve special mention.

The teachers are very enthusiastic public health workers. In the domestic science department the girls are learning to prepare the diets for children as outlined by the Bureau of Child Welfare. In their Art classes they are to make posters, printing on them health rules. We are hunting up pictures suitable for these posters, and the children are quite enthusiastic. We have Mother Goose Health Rhymes, which the children want to sing. The children are much interested in their weights, and I only wish I had more time to spend with them. I give them weekly talks when time permits, and they remember easily what is said. Practically every hand goes up when I ask a question in review.

We are to have a "Tonsil Day" to do the work recommended at the clinic. When making the follow up calls after the clinic, I was much pleased with the attitude of many of the people. In some cases we started at the baby and went up to the grandfather. Recently I called at a home where several of the children were under weight. The mother was doing her best to follow Dr. Bell's advice. When I asked little Pauline how she was getting on, she said, "I have had one chocolate and one peppermint since the clinic. We eat porridge and we haven't been to the movies."

JESSIE J. FARQUHARSON,

A recommendation has been forwarded to the Public Health Section from the Public Health Committee of the Graduate Nurses' Association of Ontario, suggesting that an application form be prepared for

the use of members wishing to join the Public Health Section of the C.N.A.T.N.

Acting upon this recommendation, an outline will be prepared by the officers of the National Section and sent to the several provincial representatives for their approval and suggestions. In addition to securing enrolment of new members in the Section, such a form should be an excellent means of gathering information concerning the various types of public health nursing undertaken throughout the Dominion.

In response to a request from Miss Smith, Editor *Public Health Nurse*, Cleveland, Ohio, a short account of the development of Public Health Nursing in Canada will be prepared. The several provincial representatives have been given an opportunity to make their contribution to this article.

CHRISTMAS.

Ring out the old, ring in the new,
Ring, happy bells, across the snow:
Ring in the valiant man and free,
The larger heart, the kindlier hand;
Ring out false pride in place and blood,
The civic slander and the spite;
Ring in the love of truth and right,
Ring in the common love of good.—*In Memoriam.*

WANDERING JEW'S CHRISTMAS.

There was a common belief in some countries that the spirits of the lost had rest on Christmas night, and that when the hour comes that ushers in the holy season, the Wandering Jew rests his weary feet, and with sad, upturned face gazes in the direction of Jerusalem where he struck the Saviour in the time of his trial. A lamp or candle must not be permitted to burn to its end on Christmas, as that forbodes a death in the family during that year. For the same reason a live coal must not be taken out of the home on that day.

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Private Duty Nursing Department

The Special Duty Nurse

By "A Special."

Three of the largest and most remorseless nurses of my acquaintance have dragged me from my bed, I am on night-duty, and have pushed and pulled, and pinched and shoved me down in a chair, and thrust my fountain pen between reluctant fingers. "There now, quit your snivelling and get down to brass tacks! You know you can't sleep in the day-time anyhow, and a little consecutive thinking ought to keep your mind clear for going on duty to-night!" Protestations are vain; and all because I have the unhappy faculty of saying right out in meeting what everyone else is thinking, but is too ladylike to voice. So, with a very addled brain, and a gone sensation in the region of the epigastrium, (I breakfast at 7.15 and it is now 4 p.m.), and the down-trodden feeling of the small boy, compelled to write an essay on, say, the horse, I lay a languid pen to paper and try to recall off-hand what I know about the "Special-Duty Nurse."

The Special Nurse is the only animal in captivity (I use the word advisedly) who works every day, Sundays and holidays included, for twelve hours a day. Even in nursing institutions, the very least she ever gets is eleven-hour duty. People in private homes being more liberal, (Auntie is so perfectly devoted to her nurse, you now, it would kill her to make a change!") she is encouraged to keep on duty twenty-four hours, chiefly, one fancies, because there are not twenty-five in the day, though, to do them justice, they are not averse, on occasion, to letting her stop over into the next twenty-four, when, after a short interval, she is got on her pins, and permitted to go at it again.

One of the chief complaints voiced against the Special by members of more fortunate departments is, that she lacks public spirit, is so inarticulate.

Unless a Special deliberately leaves her work and prepares herself for the event, how is she going to get the time or generate the pep to take an active interest in her organizations, address a meeting, or prepare a paper that will do either it or herself credit?

I have been asked, too, what the Special was doing to solve her problem if she fancied she had one. That is a large order, considering it is the problem of the whole of the dear public, she being but the victim of it. No single class of humanity has a right to be preyed upon by the rest of it, and when, after many years, the Special registered her protest against it, and implored a ten-hour (10-hour) day, she was set upon as

though she were a criminal. She remembered, however, that for forty-eight years, before the English suffragette, bent on securing the vote, ever smashed her first window, she had been trying by every peaceable means to secure it.

In 1832, when the male commoner decided he had to have the vote and it was denied him, he mutilated beautiful cathedrals and burned the city of Bristol. So the Special took heart of grace and said, that in these enlightened times when everyone was supposed to be entitled to the pursuit of happiness, in at least a modest degree, surely some way would be found to permit her to prosecute so important a work, and one she loved so well, and, at the same time, secure to her the possibility of indulging in a little play-time, a little study of other things, the reading she, in common with other intelligent persons, longed to do.

Is it really unfair for any class of workers to demand that they shall not be engaged for longer than ten hours a day? Is it cruel and unwomanly to ask some share in life beside that of labour? Why should she alone, of all the world's workers, look wistfully out at others, leading to some degree their own lives? Some one replies: "Well, then, why did she go in for such a life?" The young girl of twenty has no more idea than a rabbit what she is going into, as any mother, like my own, can tell you, when she tries to deter her. High ideals, ardour and altruism, have not yet been hampered by stern reality. Her young mother-heart yearns to succor humanity (what boy with such a course open to him would avail himself of it?), and then—the sweet uniform! and so she is innocently led into a life, is schooled and settled into a life, that no wholesome-minded woman could possibly be delighted to maintain forever. It would be a morbid whim.

The writer could find no more congenial work anywhere, despite what many people call its draw-backs, but no intelligent woman enjoys being made into a species of slave for life.

The undergraduate patiently bears with her arduous training, impatient for the wonderful time when she can earn the fruits of her labours. In a very short time, when she becomes used to the joy of supporting herself, she realizes that she is cut off from everything in life but toil, and that, frequently of the most arduous character. She has no play time, she lives in a club-bag. She sleeps on a stretcher, or is tucked away in an attic room, possibly a maid's room, if indeed she get any rest at all away from the patient's room. If she takes institutional work, she must rise E-V-E-R-Y morning at 5.30 (if she is so fortunate as to be on day duty), take the street car before even labourers are abroad, change into her uniform amidst a scramble of some score or two of other nurses, get her breakfast, and stand at her patient's bedside at seven o'clock. She gets not one hour off duty until seven p.m., and arrives home anytime after eight o'clock. Should she care to go to a play, it is too late, if she goes to a movie for a change, it is the second,

and it is well-nigh midnight when she gets to bed, and her remorseless alarm goes off at 5.30 every morning, including Sunday. This is her life, the reward of the long, arduous training which produced a highly skilled human being. Is it strange that she should sometimes be called mechanical? Is it strange that sometimes that awful smile W-O-N-'T stick on? And others ask why she so lacks public spirit, why she doesn't keep abreast of the times, why she is so apathetic toward her organizations.

Of course there are so many varieties of the genius nurse now-a-days, anyone of which is less exposed to criticism than the Special, and into which she might change, that after awhile, when she feels sufficiently harassed and fed up on long hours, she will just fold up her uniform and silently steal into one or other of them. After all, what she wants is not to change her mode of activity, but to get it in somewhat less heroic dosage than eighty-four hours a week, and then some.

I sometimes think that the male of the species, with his wholesome selfishness, his insistence whatever comes or goes on 44 or at most 48 hours a week, is only sensible. Why should the weaker vessel behave as though she had twice his strength? It is not as though by faithful work she grew into a finer position, a larger salary, or that time and experience enhanced her value to herself, as well as others. She dies or marries, at precisely the same status at which she graduated. And her life is not sacrificed to the poor, but to the best-to-do element in any community, which, under no circumstances, would dream of working as she does.

It may be deplored, but it cannot be marvelled at, that the dernier young woman does not find a nursing career attractive, and that the day is past when only that field or that of teaching was open to the lady who wished to bark for her own bone. Many useful lines are open to her now in the business world, and it has ceased to be infra dig to follow any of them. The writer's closest friend among Specials registered her violent protest by entering the business world. Her individual case looks especially attractive to the Special, and, of course, is unusual. She breakfasts at nine o'clock, quits work at 5, has all of Saturday off, as well as Sunday, and in her first six months she made more money than in a year's nursing.

My paper is already far too long, but I cannot close without briefly setting forth some ideas I have evolved anent the solving of the problem of our awful hours.

In England they have countless institutions called "Nursing Homes," and, I fancy, they could be as large or small as necessity dictated. I don't know how they are run, but they are for the exclusive use of the well-to-do. Such institutions could be equipped for medicine or surgery, or both, and be entirely manned by graduated nurses, on eight-hour duty, each nurse taking care of two ordinary patients, and only the very sick patients being permitted a Special, who should be remorselessly relegated to regular two-patient-duty, when possible again, irrespective of selfish patients' whims.

In this way a nurse would do a good full eight-hour-day's work, and get away from it. Under no circumstances should she have longer hours or more patients thrust upon her. Patients could pay a flat rate for their nursing, out of which the nurse would automatically be paid. By employing many fewer nurses for night duty, nursing rates by this plan would be much less for the patient, and the hours more reasonable for the nurse. In the event of exacting patients demanding a Special when it was not necessary, rates could be made so prohibitive that only multi-millionaires could meet them. They would amount to young endowments, to be paid only into the coffers of the institution and constitute a source of revenue.

At this juncture, one of the remorseless three sings out: "Say, after all you only contracted to write an article, you know, not a serial!" Fortunately, it must be rushed to press and they can't censor it. Just the same, I'll have a bad time when next month's issue comes out: "How like old thing, to go and spill the beans like that, after our consenting to let you write it! Oh, don't worry! We won't give it away that one of our bunch wrote it! It beats me how you could go and give away our real sentiments after all these years of doing the sweet Christian sister! Hop along now! It's time you got over to that D. T. of yours! As it is you'll be too late for supper!"—*Selah.*

THE CHRISTMAS QUEST.

"And remember, my son, the King whom thou seekest is not to be found in a palace, nor among the rich and powerful. If the light of the world and the glory of Israel had been appointed to come with the greatness of earthly splendour, it must have appeared long ago. For no son of Abraham will ever again rival the power which Joseph had in the palaces of Egypt, or the magnificence of Solomon throned between the lions in Jerusalem. But the light for which the world is waiting is a new light, the glory that shall rise out of patient and triumphant suffering. And the kingdom which is to be established forever is a new kingdom, the royalty of unconquerable love.

"I do not know how this shall come to pass, nor how the turbulent kings and peoples of earth shall be brought to acknowledge the Messiah and pay homage to Him. But this I know. Those who seek Him will do well to look among the poor and lowly, the sorrowful and the oppressed."

"The Other Wise Man—Van Dyke."

Department of Nursing Education

Conducted by the Canadian Association of Nursing Education

The Nursing Housekeeper in Training

When attempting to arrange my thoughts on the subject of the Nursing Housekeeper, in order to present them to the Association of Nursing Education, I found it difficult to decide how best to deal with the subject. As educationalists, you will no doubt want to know whether her training is sound. Another thought occurred to me,—some may ask why this secondary nursing body with a less complete nursing training than the nurse. Are the nurses of to-day too highly trained that we need a body less well equipped, or is there another reason for the existence of this secondary body?

Let us answer these questions briefly:—A secondary body is needed because there is a shortage of fully trained nurses, not because there are fewer graduated each year, but because there are so many different kinds of service open to the graduate of to-day.

Are the nurses of to-day too highly trained? I should say not, decidedly, No! They cannot be too well trained for the many important tasks awaiting them. But do all calls for nursing require the most highly skilled nursing? In my mind they do not. What of the nurse of yesterday who went into the home, looked after the patient, the children and the household in general? She is more difficult to find to-day than she was ten years ago. Is it that the nurse of to-day is unable or unwilling to do what other nurses did? I think, not exactly, though we have to recognize that conditions have changed very much in all professions and callings during the past few years. With a seriously ill patient, it is impossible for any one woman to look after the patient as well as doing everything else; the patient must suffer. And with the patient who is not seriously ill, and the main duty is that of the house and family, the nurse of to-day considers that that is not nursing, but house-keeping, with simple nursing care such as might be given by almost any person. Yet not quite by anyone, and certainly not safely by anyone without a certain knowledge of the essentials of nursing,—this then is the reason for the secondary, less highly trained body.

Speaking especially to training school superintendents, we must remember that there is a danger of our vision being obstructed by the walls of the institution. There is the danger of thinking that all the sick are within hospital walls, and that, if they are not, they should be. Statistics go to show, I believe, that not more than ten per cent. of the people who are seriously ill are cared for in hospitals. There are degrees and

degrees of illness, and it seems only reasonable to suppose that all do not require the same skilled nursing care.

There is no doubt, however, that the recognition of a secondary nursing body by the graduate nurses is an important step. If any group of nurses is to be affected, it will doubtless be the private duty nurse. If the training and recognition of this secondary body is to do any injury to this splendid body of women, then some other solution of the problem must be sought. But, is the work of the private duty nurses interfered with in any way? The nurse attendant is not wholly in the experimental stage.

In Brattleboro, Vermont, the Brattleboro Mutal Aid Society, with the Thompson School for Training Attendants in Household Nursing, has been in operation for twelve or thirteen years. The Detroit Home Nursing Association has been in existence since 1913, and the Household Nursing Association, of Boston, since 1917. These are only a few examples of what is being successfully carried out in some of the American cities, where the nursing attendant plan was tried out before we had accepted the plan in Canada. In all of these places the household attendant works in very close co-operation with the fully qualified nurse.

In the great cities there is no dispute as to the need of women with varying degrees of training and ability; the only question is, how can she best be prepared for the kind of duty she is to undertake.

What of our prairie provinces, of their towns, and of the people in the settlements far away from towns, and all the things associated with towns and cities?

May I tell you something of Saskatchewan?

It is estimated that Saskatchewan has a population of 800,000 people scattered over its 250,000 square miles, fully 70 per cent. of them being resident in the rural districts. Saskatchewan, as you know, being the great wheat-growing province of Canada. And to care for this people in time of sickness, it is estimated that there are not more than 500 fully qualified nurses engaged in all branches of nursing. For the 330 odd little villages, 80 towns and 7 cities, there is not much more than an average of one doctor and one nurse for each. What, then, of the people in the surrounding country? Truly we have a splendid system of municipal hospitals, but there are less than forty in all. What of the people in the settlements far away from railways? Here the Red Cross has come to the rescue, and is establishing its four-bed out-posts. Here the Red Cross Nurse has proved a veritable God-send to the people who are leading pioneer lives in this country.

Let me tell you of two inquiries received within the last week.

From a German settlement comes the request from the school teacher for advice as to a short term of training for a young woman of German

parentage, a "practical nurse" who has bought a small house and is working in the settlement, and has already done much, as the teacher writes, "to clean up the people physically and morally, that those of us who do not know the people and the language will never do." She has had no definite training, and wishes to have such training as will, within as short a time as possible, better enable her to do the work she is attempting.

From another foreign settlement, where the infant mortality rate is appalling, comes the question, "Could one of the brighter young girls of the settlement have a few weeks intensive instruction in the care of babies? Could she live in a home where a baby is being properly cared for, and where the people are living under proper hygienic conditions? Could she attend some baby clinics? The people are ready to learn, but they have little or no knowledge of English, and they are difficult people to reach.

Can we spare three years for these young women to be trained in all branches of nursing? Would they be eligible for admission into our best training schools?

Just as the cities have their own problems, so this new country has its own difficulties to overcome. In the cities, the household nurse is trained in the city where she is to work; so in our province, we give the one-year training to the nursing housekeepers in the smaller municipal hospitals—hospitals of from twelve or fourteen beds up to those of twenty beds. That there may be no confusion, only such hospitals as do not conduct the regular nurses' training course are eligible to conduct the course. Many of the conditions in these small hospitals are very similar to those which would be found in the homes of the neighborhood. The students assist in household duties as well as in the simpler nursing procedures.

A course of study, arranged by the University of Saskatchewan, is followed in each of the institutions. The theoretical part is covered in about fifty classes.

The course in Anatomy and Physiology and that in Hygiene are very elementary, covering only such information as every woman should have. Demonstrations are given in elementary nursing procedures,—the care of bed patients, including the special care required by chronic patients, and such simple nursing procedures as the application of fomentations, plasters and poultices, the giving of a simple enema, etc. Is this more than is given in any of the home nursing classes as conducted by the St. John Ambulance or the Red Cross? Is this more than any mother should know in order to take care of a sick child or of a bed-ridden parent? In addition to the demonstrations given in these nursing classes, these students have the advantage of practising, under the supervision of fully qualified nurses, the procedures which have been demonstrated to them.

The instruction is, of course, carried out farther than would be

possible in a series of lectures and demonstrations. Instruction is given in the administration of medicines, in the taking and recording of temperature, pulse and respiration, and something of the significance of variations from the normal. Instruction is given in the care of infants and children. Maternity patients are the patients most frequently admitted to these hospitals. There is not, of course, a children's ward, but, in the term of training which each student has at the Saskatchewan Sanitarium, each pupil spends a portion of the time in the children's pavilion, where some forty children are under treatment. In the obstetrical course the students are taught the things which every expectant mother should know—the hygiene of pregnancy, the danger signals, the needful preparations for the baby's arrival. The student is also present at a number of cases and assists the physician, that in cases where no nurse is available she may assist intelligently.

Three months of the year of training is spent in the sanitarium. As dietitians are not engaged by the smaller hospitals, a short course in dietetics is included in the instruction given while in the sanitarium. As well as the special instruction in the care and prevention of tuberculosis, a short course in bacteriology is also given here. Practical demonstrations of the wide-spread presence of bacteria making it possible to emphasize the special precautions which must be taken in the care of the tubercular patient, and also form a ground work for the understanding of the importance of observing a careful technique in all nursing procedures.

Will a woman who has had such a training not be a benefit to any community, and especially to such rural districts as I have described, where the only available help at present is the willing, though untrained, neighbor, or the partly trained, or wholly untrained "practical nurse?"

This course is conducted under the University of Saskatchewan, which has appointed a supervisor to visit at regular intervals the hospitals in which the course is being conducted. This supervisor has also been appointed by the University as the examiner of the students. At the successful completion of the year of training the student receives a certificate from the University.

Some criticize the granting of a semi-professional standing to these young women, others question how is she to be controlled, while others ask how are you to insure that she will remain in the rural districts where she is so much needed?

The nursing association asked the University to undertake the responsibility for the proper conduct of the course, feeling that if the course were not conducted under an educational body, the very "something" which happened with nurses would again happen with this body. Need I remind you of the exploitation of nurses in the past? Is it indeed altogether a thing of the past?

As to the control of the individuals after the completion of the

training, provision is made by the University for the annual renewal of their registration, subject to a satisfactory report from the supervisor. The intention is thus to keep the nursing housekeepers and their work under a certain amount of supervision as long as they remain in the province. Should any fail for a period of two years to renew their registration, while practising in the province, they will not again be admitted to the register. The registration is not otherwise compulsory. If they are permitted to register at any register of Registered Nurses, it will be doubtless made compulsory by the registry that they should be registered with the University. Until the registration of all classes of nurses doing any form of nursing service for remuneration is compulsory, it would scarcely be possible to make registration for this one class compulsory. It is not out of reason, however, to expect that the same code of honor which guides the actions of the nursing profession might also govern this secondary body.

How shall we insure that she will remain in the rural districts where there is such urgent need? We cannot insure it; these young women are free agents. But by the careful selection of the candidates, and by the fact that the majority are selected from rural homes, trained in the rural districts by women who are themselves trying to do their part to meet the needs of the people of the country, by the fact that a number of these young women have already recognized the need of their fellows, and entered upon this training with the express purpose of being able to help those who so sorely need help,—this gives us faith to believe that we may count upon them to do their part.

Is it an impossible dream to hope that through the Red Cross outposts, and through the municipal hospitals, health centres as well as places for caring for the sick may be established, that we may bring to the people of the prairie a district nursing service? With the fully qualified nurses, and the household nurses, we hope to bring to the people of our province a service which will compare favourably with that provided in the most advanced cities. As a part of the general scheme to provide adequate nursing service, we submit for your consideration and criticism the Saskatchewan scheme for the training of nursing housekeepers.

MABEL F. GRAY,

Read at the C.A.N.E. Convention, Quebec, 1921.

The New Group of International Nursing Students

The new Course of Training for Public Health Nurses, in connection with the League of Red Cross Societies at Geneva, began at Bedford College for Women, University of London, on Thursday, October 6th, and most of the group of twelve nurses have already arrived in this country. Some hold scholarships provided by the Red Cross

Societies in their own countries, one a scholarship given by the Rockefeller Foundation, and others are paying their own expenses, which proves how the course is appreciated.

Its object is to seek out in all countries the nurses who by reason of intelligence and training may become leaders in the evolution of nursing ideals in their own country. They will receive the necessary knowledge and inspiration, so that upon their return they may become Pioneers in Public Health Nursing, where that service is just being started. In countries where nursing is well developed, by reason of their greater knowledge they will strengthen the world-wide nursing bond.

The amount of each scholarship is £250, which covers tuition, laboratory fees, and special fees to the college, board, residence, books, laundry, necessary transportation and incidental expenses connected with the course.

The student must possess a diploma or certificate as regulated by the highest nursing standards of the country which she represents, and it is expected that in selecting students particular attention should be paid to the necessity for unusual intelligence to enable them to profit by a course which is necessarily intensive.

The course will be both theoretical and practical, and lectures by trained nurses are also to be arranged.

The members of the present group include:—England, Miss James; Canada, Miss Moore; New Zealand, Miss Webster; Austria, Miss Danko; Bulgaria, Miss Christova; Czecho-Slovakia, Miss Anzenbacherva; Hungary, Miss Hodessy; Japan, Miss Tabuchi; Mexico, Miss Deuchler. The students from Finland, Lavia, and Esthonia have not yet arrived. The group is in charge of Miss Waters, who superintended the one, which last year studied at King's College for Women.—*British Journal of Nursing.*

Secretary's Report at the Fourteenth Annual Convention of the Canadian Association of Nursing Education May 30th, 1921.

Madam President and Ladies:—

I herewith present to you the fourteenth annual report of the Canadian Association of Nursing for the year ending May 30th, 1921.

We have on our books the names of 159 members, of whom 119 are in good standing. During the year fifteen new members were added and two have resigned.

Two new chapters have been formed, one at Ottawa, known as the Ottawa Chapter; and one, which includes members of the C.A.N.E., in Hamilton, Galt, Kitchener, Waterloo and Brantford, known as the Hamilton District Chapter.

During the year six executive committee meetings were held and one conference with the executive of the C.N.A.T.N.

The committees who have served during the year are as follows:—

Nominating Committee—Convener, Miss M. Martin, Winnipeg.

Programme Committee—Convener, Miss V. Winslow, Medicine Hat.

Publication Committee—Convener, Miss Dickson, with the Editor of the *Canadian Nurse* and the Secretary.

National Publicity Committee—Convener, Miss F. J. Potts, Toronto.

Arrangements Committee—Convener, Miss M. Shaw, Quebec.

Miss Catton was appointed to take charge of the C.A.N.E. page in the *Canadian Nurse*.

Later reports will show the work accomplished by these committees.

The questionnaire sent out by Miss Wheeler last spring, which was presented to the association at their meeting in Port Arthur last summer, was filled out and returned to her.

From several hundred returns sent in by organizations, hospitals, doctors, nurses, and some lay persons, Miss Wheeler compiled a report and presented it at the convention of the American Hospitals Association, held in Montreal last fall. From the report it could be seen that the value of higher education for the nurse and better living and working conditions are being more widely appreciated than formerly.

As a preliminary step toward establishing a standard curriculum for nurses in the schools for nurses in Canada, a letter was sent to the different Provincial Associations, asking them to send a copy of the standard curriculum used in their province, if such had been established. A copy was received from British Columbia, Saskatchewan, and one, that was at the time under consideration by the university, was sent from Alberta. Apparently in the other provinces the curriculum followed is decided by each individual school. Many of these are using the American standard curriculum in a modified form.

It is thought that nursing education in Canada would be greatly benefited if a standard could be agreed upon, in which would be out-lined not only what is desirable to follow, but also the minimum that would be accepted in any school seeking recognition in the National Association. This would tend to stimulate the boards of directors of some hospitals where there is not a proper appreciation on the part of these boards, as to their responsibility towards the student nurses, in the education thy give in return for service rendered.

A letter of congratulation for the passing of the British Nurses' Registration Act was sent to Mrs. Bedford Fenwick, who replied as follows:—"Will you kindly convey to the Canadian Association of Nursing

Education our cordial thanks for their kind congratulations on the passing of the Nurses' Registration Act in the United Kingdom."

Recognizing the long years of faithful service rendered to the nursing profession by Miss Snively, of Toronto, Miss Nora Livingston, of Montreal, and Miss Stanley, of London, the executive committee recommend that they be made honorary members of the Canadian Association of Nursing Education, the matter to be ratified at this convention.

Our President, Miss Fairley, was appointed to represent the Association on the Red Cross Advisory Committee and at the Child Welfare Conference in Ottawa last fall. A report of these meetings has been given.

Miss Johns, of Vancouver, and Miss Mary Martin, of Winnipeg, attended the annual convention of the American League of Nursing Education, held in Kansas City this year. They reported very interesting and inspiring sessions. A great deal of time was spent on the discussion of university affiliation. It is gratifying to see the number of such applications increasing.

It has been reported that the shortage of nurses is not as acute as it was a year ago, and that the applicants have higher educational attainments. This probably applies chiefly to districts where the educational requirements have been a little below standard. Probably the worst potent factors in bringing about this condition is the raising of the preliminary educational requirements, the linking up of the schools of nursing with the university,—better living conditions and shorter hours of duty, which have been instituted in many cases. We find that the uneducated girl may enter the school where conditions are not the best, because her experience is not broad enough to cause her to demand more, but the kind of young women that we are really seeking as students have a sufficient number of other opportunities open to them that they will not choose to spend their time and energy where they feel conditions are not right.

The attitude of the people at large may be illustrated by a resolution drawn up by the National Council of Women, which is stated as follows:

> Whereas, after a careful survey of exisiting post-war conditions, and having in view the reconstruction period in relation to nursing problems;
>
> And Whereas the information received from the Hospital Training Schools using the eight-hour system shows that the health of the nurses is conserved, their ideals broadened, their patients receive better care, a more desirable class of probationers is more readily obtained, and a larger percentage reach graduation day;
>
> And Whereas we feel that the twelve-hour duty for any class of women impairs their usefulness and their health, and leaves them unfitted later to fulfil their natural functions of motherhood;
>
> Be It Therefore Resolved: That the National Council of Women endorse the eight-hour-day duty for pupil nurses in Hospital

Training Schools throughout the Dominion, and that representation be made to the proper authorities with a view to the inauguration of this system.

During the year the Department of Surveys and Exhibits of the Russell Sage Foundation, New York, in a course of study of health, education and publicity, sent out a comprehensive questionnaire to the different National Health Organizations of the United States. This association also received one, which was filled out, as far as the activities of the associations go, and returned to the Foundation.

The questionnaire offers many suggestions as to how publicity work can be carried on, and although, in an organization of this kind, many of the methods would be impracticable, yet they might be useful in local health organizations.

We probably, as a rule, do too little in the way of publicity, and are consequently somewhat responsible for lack of appreciation of the value of the work on the part of the public.

The Red Cross Society has shown its interest in this association by constantly sending literature regarding its work. An interesting little pamphlet describing the League of Red Cross Societies was recently received. We have also received copies of the *International Journal of Public Health,* which is exceedingly interesting.

Some time ago the readers of the *Canadian Nurse* will have noticed a series of articles on the teaching of the history of nursing. On inquiry, I found that a set of 150 slides and a reprint of the lectures could be obtained for $75.00 from Dr. Maude Abbott, McGill University. It would seem that, by the use of slides, the history of nursing could be made much more interesting and the subject would be more deeply impressed on the student's mind.

It would be quite possible for the provincial associations to obtain a complete outfit, which could be loaned out to the different schools, or rented at a nominal fee. In this way it would be possible for some of the small schools to benefit, who probably would not otherwise be able to do so.

In considering nursing education, I feel that one of the great important points to be kept in mind by the national organizations is, that their duty is to endeavor to raise the standard of nursing education in general throughout the country, and that, because of this, their greatest concern lies with the smaller schools which need their help more than the larger ones, which have less difficulty in obtaining things necessary for their progress.

All of which is respectfully submitted.

MABEL L. McNEEL,
Secretary, Canadian Association of Nursing Education.

THE CANADIAN ASSOCIATION OF NURSING EDUCATION
STATEMENT OF RECEIPTS AND DISBURSEMENTS
From 17th June, 1920, to 15th May, 1921.

RECEIPTS.

Cash in Bank June 17th, 1920	$217.68	
Annual Fees	357.00	
Bank Interest and Exchange	3.86	
		$578.54

DISBURSEMENTS.

Postage	$ 12.70	
Stenographer's Fees	7.47	
Printing, Stationery and Express	86.97	
Executive Travelling Expenses to Conventions	130.15	
Affiliation Fees	24.75	
		$262.04
Balance in Bank May 15th, 1921	$308.10	
Cash on hand	8.40	
		316.50
		$578.54
Miss Flaws, Convention, Port Arthur		$ 81.55
Miss Fairley, Hamilton to Ottawa (Child Welfare Conference)		48.60
		$130.15

FLORENCE J. POTTS, Treasurer.

The World's Pulse

(BY ELIZABETH ROBINSON SCOVIL).

IMPROVING PRECIOUS STONES.

Experiments are being made with radium to improve the color of precious stones. Their richness of hue is due to impurities in the stone. Radium disintegrates these impurities and they spread through the gem, exchanging the color of the sapphire, ruby or topaz under treatment.

A GREAT RAILWAY INVENTION.

An Australian inventor named Angus has perfected an invention which, if it comes into general use, will prevent collisions on railways. Electricity, at amazingly low power, is conducted along the rails. A few miles of coil on the engine, about two inches above the track, makes

the contact. There is a small box of electrical fittings beside the boiler and a compact magnet under the hand of the engine driver. The moment the contact is broken by an accident, or the presence of another engine on the track, the engine stops. The other engine being similarly equipped, stops too. If the engineer fainted, the engine would stop automatically.

Reported Discovery of Cause of Cancer.

A German Scientist, Dr. Franz Kopsch, of Berlin University, announces that he has discovered the origin of cancer. It is said to be caused by a larva of the earth carried by angle-worms. These are eaten by a worm and when digested produce cancer. A New York Scientist says this larva might be transmitted to human beings through uncooked green foods. Investigations are now being made with a view to preventive measures.

An Erratic Moon.

A study of the late eclipse of the moon shows one satellite to be slightly off its proper path and twelve miles ahead of its schedule. The cause is thought to be some powerful unknown magnetic force.

Rapidity of Transmission.

It takes three-tenths of a second for a signal to pass over the 2,700 miles length of the Atlantic cable.

A Memorial To Our Dead.

Canada is erecting a magnificient memorial to our men who gave their lives for us in the Ypres salient. It is on Hill 62, overlooking the salient. The base is the impregnable wall of defence, and there are the defenders. One group shows "the breaking of the sword," the other, "the sympathy of Canada for the helpless." Above these are the mouths of guns, covered with olive and laurel. On the wall is an heroic figure of Canada brooding over the graves of her valient dead. The spirit of sacrifice is there, who, giving all, throws the torch to his comrade. Higher up are the figures of Peace, Justice, Truth and Knowledge, chanting the hymn of peace. Around them are the shields of Britain, Canada and France.

Undaunted.

Sarah Bernhardt appeared in drama in Paris on the evening of her 77th birthday. She retains her charm of manner and speech, and advanced age has not lessened her popularity. It will be remembered that she has undergone the amputation of a leg.

An Example of Generosity.

A wealthy American has given £5000 to the London Hospital as a thank offering for the success of blood transfusion, which enabled his wife to undergo an operation which saved her life. He promises that if

£10,000 are given to the hospital before Christmas, he will give an additional £5000. The money is to be used to equip a department for the study of diseases of women.

THE PRINCE AND JAPAN.

The Prince of Wales is studying Japanese preparatory to his visit to Japan during his tour in the far East.

THE FLANDERS POPPY.

Earl Haig suggested that the British people should wear a poppy on Armistice Day, November 11th, "Remembrance Day." Australia, Canada and the United States have adopted it as the memorial flower.

A NEW SOURCE OF FERTILITY.

It has been discovered that straw can be converted into a fertilizer as valuable as the barn-yard product. Certain minute organisms under the straw digest it, as it were, and surround it with a sort of sticky jelly. To accomplish this the straw is twice moistened with water and treated with a cheap chemical solution.

C. A. M. C. Nursing Service Department.

For Armistice Day at Ottawa a temporary Cenotaph was erected on Parliament Hill. At each of the four corners of the Pylon stood members of a guard of honour representing the Nursing Service, the Navy, Army and Air Force.

Nursing Sister J. M. Williamson, M.M., was proxy for the C.A.M.C. Nursing Service. Her poise, much remarked upon, rivalled that of the famous Horse Guards at Whitehall. During the commemorative Ceremonies, which lasted well over an hour, Sister Williamson stood to attention without so much as blinking an eye-lash. A poppy wreath from the Overseas Nursing Sisters was placed by Matron V. Baudry, A.R.R.C.; the card attached read: "In loving loyalty to the memory of our brave dead"—"their glory dies not." This wreath (as that of last year) was purchased through a Gift Fund Account, made available to the Matron-in-Chief by the Overseas Nursing Service in 1919. An audit of the same will be rendered in these columns later.

Also present at the Commemorative Ceremonies were Matron-in-Chief Macdonald, Nursing Sisters Brankin, Hughes, Usher, and Staff Nurse Burritt of the Q.A.I.M.N.S. Reserve.

At Victoria, B.C., on Sunday, October 2nd, and amid a vast assemblage of citizens and visitors, there was consecrated an avenue of trees dedicated to the memory of all British Columbians who had given their lives in the service of the Empire in France and Flanders. The list includes four Nursing Sisters. The plan conceived is an avenue with a double border of plane and mountain ash trees planted alternately. This avenue will connect Mt. Pleasant park with the city.

Welcome and "Cheerio" to the Department which has made its début in our midst. The private duty field is one of the most far-reaching arms of the profession and great things may be expected of its new and distinctly original venture. The development of the "top-hole" programmes laid down by the Committee will be eagerly followed. With such a powerful rival in the field, the C.A.M.C. Nursing Service must "buck up" and look after its own laurels.

Matron J. McG. Macdonald, R.R.C., and Nursing Sister T. Mowbray, R.R.C., are now located at Los Angeles, engaged in private duty nursing.

Nursing Sister Dell MacGregor has left the Ottawa branch of the V.O.N. to open a branch office at Belleville, Ont.

Nursing Sister A. L. Bradley, A.R.R.C., is visiting her home at Beech Grove, Quebec.

Nursing Sister L. N. Gray has accepted a position on the staff of the Contagious Disease Hospital, Philadelphia, Pa.

Nursing Sister Mary Moran is on special duty at the Battle Creek Sanitarium, Michigan.

Nursing Sister V. May Macdonald has been appointed director of Emergency on the Central Council, Canadian Red Cross Headquarters, Toronto. Her duties include organizing and co-ordinating the emergency plans of the different provinces.

Nursing Sister C. Latimer is taking the Public Health Nursing Course at McGill.

Attending the Public Health Nursing Studies at British Columbia University are Nursing Sisters A. Benvie and M. Thompson.

Nursing Sister McLean is in charge of the Operating Room, St. Luke's Hospital, Ottawa.

The marriage of Nursing Sister G. O. Donkin to Lieut.-Colonel J. Guy W. Johnson took place at Montreal on November 3rd.

Nursing Sister W. L. Danby Smith has recently opened a lingerie shop at Vancouver. Our best wishes attend the venture. Mrs. Danby Smith is well remembered for the innumerable courtesies and consideration extended to all whilst she was in charge of the Canadian Nurses' Club, Lancaster Gate.

Nursing Sister Blanche Emerson, of the Child Welfare Clinic, spent a pleasant holiday in Hamilton.

Nursing Sister M. E. Wilkin, of the Child Welfare Clinic, is holidaying in the East.

Nursing Sister E. M. MacDougall, formerly of the S.C.R. Staff, Edmonton, has resigned her position and, with Nursing Sister Auger, have taken over the hospital at Grande Prairie, Alberta.

Nursing Sister Blewett, of the S.C.R. Hospital, Edmonton, has been transferred to Vancouver, B.C.

The Canadian Nursing Sisters' Club, of Edmonton, held a very successful informal dance in the Memorial Hall, Edmonton, Sept. 23rd.

Dr. and Mrs. Wickware (nee Nursing Sister E. M. Armstrong) have returned to Ottawa from New York.

Miss Gertrude de Turbeville, who served Overseas with an American Unit, and latterly filled the appointment of Superintendent of Public Health Nursing, Alberta, has resigned her position and sailed for England.

The happiness and good-fortune so generously, graciously and frequently foreseen by Nursing Sister (Mrs.) Julia Hamilton in the tea-cups of her service friends, has apparently overtaken herself. Her marriage to Mr. S. Shephard took place at Victoria, B.C., November 9th, 1921.

Nursing Sister Rachael Morrison is nursing in Berkeley, Calif.

Nursing Sister Carrie Robson, who has lately returned from a trip to China, is at her home in New Westminster.

Nursing Sister M. M. Campbell is on duty at "Lyndhurst" Hospital, Toronto.

Nursing Sister W. Goodard, who has been on duty at Powell River, B.C., has gone to Los Angeles to visit her sister.

Nursing Sister L. MacDonald, A.R.R.C., is on duty at Camp Hill S.C.R. Hospital, Halifax.

Nursing Sisters E. M. Mosher and A. Benvie, who have been nursing in California for the past year, are taking the Public Health Course at the University of British Columbia.

Nursing Sister J. H. Davidson is on duty at Camp Hill S. C. R. Hospital, Halifax.

Hospitals and Nurses

NEW BRUNSWICK

ST. JOHN.

The first meeting of the season of the St. John Local Chapter of the N. B. Association of Graduate Nurses met in October at the home of Mrs. L. G. Dunlop, with a very large number of nurses present. Plans were made for the winter work. It was decided to hold a dance in November to augment the Stamers Memorial Fund.

At the recent drive in Bathurst, N.B., by the Ladies' Hospital Aid, $694 was realized for the J. H. Dunn Hospital.

The new Nurses' Home in connection with the Fisher Memorial Hospital, Woodstock, was formally opened on August 28th under the auspices of the Women's Institute and the Daughters of the Empire.

Miss McMasters, Superintendent of Moncton Hospital, is spending her vacation in New York.

Miss Mary Chiles Scott, Superintendent of General Public Hospital, St. John, has tendered her resignation.

* * * *

NOVA SCOTIA

NOVA SCOTIA GRADUATE NURSES' ASSOCIATION.

Through the generosity of Dr. Maude Abbott, McGill, over one hundred of her wonderful slides on the "History of Nursing" were exhibited at an evening entertainment, Dr. Franklin Rogers kindly acting as demonstrator. Proceeds of this entertainment will be devoted to the War Memorial Fund.

The annual meeting of the Nova Scotia Graduate Nurses' Association was held October 12th, Miss Catherine Graham presiding. As delegate to the Convention in Quebec, Miss Graham submitted a most interesting description of the proceedings at Quebec, with full reports of work done there. A letter was read from Sister Ignatius, of St. Joseph's Hospital, Glace Bay, urging the members to persevere in their efforts to get provincial registration.

Miss Watson, of Yarmouth, and Miss M. McKenzie, both spoke of the necessity of rural communities being kept informed of nursing progress in Halifax. The business session closed with a vote of thanks to the retiring officers. Miss Graham, who has given two full terms of service in the presidential chair, was made an honorary president.

QUEBEC

Montreal General Hospital.

Miss Ferrol Armstrong (1920) has taken a position in the Trudeau Sanitarium, Saranac Lake, N.Y.

Miss Scarlett (1916) has resigned her position as office nurse for Dr. Powell, and has gone to New York. She is succeeded by Miss Tedford (1895).

Miss M. Armstrong (1904) is taking the course in Public Health Nursing at McGill University, as is also Mrs. Jenson (1906).

Miss Louisa Parker (1903) has been appointed Instructor of Home Nursing at the Central Y.W.C.A., Montreal.

Mr. and Mrs. McKerras were amongst those who were in Montreal for the McGill Centenary. Mrs. McKerras was Miss Alice Law (1908), and has been living in California.

Women's Hospital.

Dr. and Mrs. Edwards represented the Women's Hospital at the A. M. H. Conference held at West Baden, Ind.

The graduating exercises of the hospital took place October 14th, 1921, when Misses LeDrew, Jensen, Margaret Brown and Katharine Morrison were awarded diplomas and medals. Dr. Reddy, after an interesting address, presented the diplomas, and Miss Trench, the Lady Superintendent, awarded the class pins. The reception room was prettily decorated with flowers and plants, the gifts of the graduates. After the exercises, dancing and cards were indulged in, refreshments were served later, and the evening broke up very pleasantly. All present were pleased to have Miss Trench with them again after her three months' holiday in England and the Continent.

Miss Francis is home again after a year in Florida.

During the absence of Miss Trench, Miss Edwards held the position of acting superintendent, with Miss Coffee and Mrs. Jones as assistants.

Quebec.

A most interesting survey of the hospitals with training schools connected with general hospitals in the province, exclusive of those in the city of Montreal, was held recently, under the auspices of the Association of Registered Nurses for the Province of Quebec. Eleven institutions were visited, three English and eight French, and everywhere the visitor was received with every courtesy.

The educational standards were found to vary in the English schools. The standard in the French schools is low, probably the equivalent of a grammar school education, but as the gradings in the separate schools are different to the public schools of the Province, it is difficult to make comparisons. The following suggestions

were given at the end of the report given to the association. A suggested curriculum, prepared to meet minimum requirements, a systematic method of keeping records, both in theoretical instruction and practical experience for each student. More uniform instruction in practical procedure in the French schools, shorter hours of ward duty, with more time for study and recreation. The Quebec provincial association shows steady growth; 1,200 nurses are registered in that province to date.

MONTREAL

The 1921-1922 class of the School for Graduate Nurses, McGill University, has a membership of 21, three in the Administration, ten in Teachers', and eight in the Public Health Nursing courses. The full attendance at the first meeting of the class, held October 7th, bore witness of the great enthusiasm felt by all. Miss Gertrude Spanner (Sick Children's Hospital, Toronto) was elected president of the class. Miss Spanner will be assisted by the Vice-President, Miss Jean Wilson (Lady Stanley Hospital, Ottawa) and Miss Frances Reed (Montreal General Hospital) as Secretary-Treasurer.

ROYAL VICTORIA HOSPITAL.

The first meeting of the A. A. was held October 19th, in the nurses' home, and welcomed Miss Goodhue, who has just returned from a delightful visit to the Old Country and Belgium. While in England she met several graduates, including Mrs. Hamilton (Miss Sara Chisholm, 1914), Mrs. Colchester (Miss H. L. Colchester, 1903), Miss Cooper (1896), and Mrs. Farmer (Dorothy Sanderson (1916).

Miss Sara Mathewson (1917), who has been for several years on the staff of the City Hospital, Sydney, is now employed by the Steel Company at their Emergency Hospital, Sydney, C.B.

R. V. H. Graduates taking the courses at McGill this year are Misses Muriel Stewart (1915) and Myrtle Ross (1919), Public Health Nursing; and Miss Grace Martin, who is taking the course for Instructors.

Miss Irene Jackson (1919) is taking a course in X-Ray work in New York.

Miss Stella Orr (1917) has taken a position at the Corey Hiell Hospital, Brookline, Mass.

Mrs. J. J. MacArthur, Scotland (Miss Barbara Lamont, 1899) is visiting her mother in Montreal.

Miss Barbara Campbell (1919) is in charge of Ward G, and Miss Elsie Alder (1921) of Ward D.

Among the R. V. G. graduates who were present at the McGill centenary were Mrs. Dwight Stoughton (Aileen Otty, 1918) and Mrs. Harry Morse, Halifax (Miss Tena Scott, 1917).

ONTARIO

St. Joseph's Hospital, London.

At the October meeting a most interesting address on "Pain and the Nervous System" was given by Dr. Stuart Fisher.

The laying of the corner stone of the War Memorial Hospital by the Lieut.-Governor was a most impressive event. This was the first official visit of His Honor and Mrs. Cockshutt to London, and they received a most hearty welcome. The Men's Canadian Club tendered a luncheon to His Honor, and the Municipal Chapter of the I.O.D.E. gave one at the Hunt Club for Mrs. Cockshutt, after which the stone was laid with appropriate ceremonies. The Colonel and Mrs. Cockshutt, with those immediately connected with the afternoon's event, were invited to a reception and tea at the Nurses' Home, Victoria Hospital, where Miss Ross, Superintendent of Nurses, Mrs. W. M. Gartshore and Miss McKay welcomed the guests. Assisting in the tea-room were a number of staff nurses, who did much to make the afternoon pleasant.

Victoria Hospital, London.

Theosophy as the bridge between science and religion was made the subject of a brilliant address given to the Alumnae Association by Mrs. (Dr). R. W. Shaw, in which she summed up the leading points of that belief.

The question of a Central Registry was discussed, but no decision could be reached till the opinion of the Alumnae of St. Joseph's Hospital had been received. Dr. Lewellys F. Barker, physician-in-chief at Johns Hopkins Hospital, Baltimore, gave a most interesting address to a large gathering of doctors, nurses and medical students at the Western Ontario Academy of Medicine, in which he showed the tremendous importance of heredity in diagnosing and treating his patients.

Miss Hall, Brantford General Hospital, was a welcome visitor in London at the laying of the corner stone of the War Memorial Hospital for Children, and was also a guest at the luncheon given in honor of Mrs. Cockshutt by the Municipal Chapter of the I.O.D.E.

Kingston.

The September meeting of the K.G.H.A.A. was held at the Home with 15 in attendance. After the usual routine business, refreshments were served by Miss Carey, Superintendent of Nurses, and her staff. $78.00 was recently spent by the Alumnae on linen for the Nurses' home.

Miss M. Watts and Miss Daisy McNamee (K.G.H., 1919) have left to do post-graduate work in the hospitals of New York.

N. S. Hinchey (1910), late of the Sir Sandford Fleming Hospital, Ottawa, is now Matron of the Mowat Sanitarium, Kingston, Ontario.

Misses Coon and Gilroy have left for New York, and Miss Brouse for Vancouver, where they will spend the next few months.

Guelph.

Dr. B. Sinner, for thirty-three years connected with the Guelph

General Hospital, has returned to his old home in Lucerne. Switzerland. Prior to his departure, the graduates presented him with an address and a sum of money, expressing in this way their great appreciation of his many kindnesses.

The many friends of Mrs. Douglas (Margaret Walker) will sympathize with her in the loss of her daughter, Mrs. Williamson, Yorkton, Sask., on September 26th.

St. Catharines.

Miss Alvina Cressman (G. & M. Hospital) has accepted the position of Assistant School Nurse at Kitchener, Ont.

Miss Caroline Freel (G. & M. Hospital) has been appointed Assistant Superintendent of the school.

On September 2nd the A. A. held their annual meeting. After the routine business, officers were elected for the year, and refreshments were served in the dining room of the Residence on the adjournment of the meeting. Mrs. Parnell, in a few well-chosen remarks, thanked Miss Uren for her kindness to the Association during the year and presented her with a basket of flowers.

Toronto.

The Women's Hospital—Miss G. L. Ament (1919) has been appointed Night Supervisor at the Clifton Springs Sanitarium, N.Y.

Miss Hilda Santenberg (1919) has accepted the position of Instructress of Nurses at the Nicholls Memorial Hospital, Peterboro, Ont.

Miss J. Neame (1919) has been appointed to the staff of the Harper Hospital, Detroit, Mich.

Hamilton

The Alumnae Association of Hamilton General Hospital held a card party on November 5th, in the Rose Room of the Arcade, in aid of the Library Fund for the new residence which is under construction. It was most successful, and the Association plans to hold a bazaar on December 2nd for the same fund.

The annual fee for the A. A. will be increased to include subscription to the *Canadian Nurse* magazine. This is to be an experiment for one year, and, if it does not prove successful, it will be discontinued at the end of the year.

Sarnia.

Officers of the C.N.A. of Sarnia are:—President, Miss Esther Nesbitt; Vice-President, Mrs. Clara Sharpe; Secretary-Treasurer, Miss May Parker, 169 N. College Avenue, Sarnia; Social Committee—Miss J. Bolton, Miss E. Connelly, Miss Grace Tuck.

* * * *

MANITOBA

WINNIPEG GENERAL HOSPITAL.

Miss D. K. Anderson (1918) has accepted a position as assistant superintendent of nurses at North Bay Hospital, Ontario.

Miss Eva Simpson (1920) is on the staff at Lashburn, Sask.

Miss Overend (1917) has resigned as superintendent at Lashburn, and is to be succeeded by Miss L. Russell (1917).

The following members of the Alumnae are engaged in missionary work and have recently left for the field of their labors: Miss Grace Bedford (1920) sailed on September 11th for China, with Miss Straith (1919) and Miss Irene Harris, while Miss Nesbett (1919) left in August for the same destination.

BRANDON.

The G.N.A. of Brandon opened the year's activities with a sale of work at the home of its president, Mrs. J. S. Pierce, and $500 was added to the funds for the Diet Kitchen at the new hospital. Three members of the association are responsible each meeting for a paper on a subject interesting to all the nursing world. The social committee is a very active one, and their first effort for the year was a shower given to Miss Clara Calder, who married Mr. Boake, of Nesbit, in September.

* * * *

SASKATCHEWAN

SASKATOON.

Miss Edith F. Macey, R.N., graduate of the Winnipeg General Hospital, 1908, and post-graduate of the Cook County Hospital, Chicago, has been appointed Instructor of Nurses in the City Hospital. Miss Macey was well known to Saskatchewan nurses before going Overseas as the Superintendent of the Maple Creek Hospital; she was also for a time in charge of the Royal Inland Hospital, Kamloops, B.C., and recently has been in charge of the Union Hospital, Eston. After three years' service in France, Miss Macey, on her return to Canada, spent a year with the Manitoba Board of Health. The Board of Governors are to be congratulated upon securing the services of such an experienced nurse as instructor. Miss Macey commenced her duties on October 1st.

Miss Margaret Hood has resumed her duties as Assistant Superintendent of the City Hospital, having just returned from a two months' vacation with friends in North Dakota.

Miss Eva Kidd, who has been relieving as Assistant Superintendent of the City Hospital, has returned to her home in Zealandia, and expects to leave shortly for Ontario.

Miss Louise Noble, who has been engaged in private nurse duty in the city, has accepted the position of resident nurse in Brandon college, Brandon, Manitoba.

Doctor and Mrs. Charles Tindal (nee Katherine Mackintosh, S.C.H., 1918), and Miss Dorothy Harris (S.C.H., 1918) motored from Yuma, Arizona, and spent a month visiting friends in Saskatoon and vicinity. Miss Harris is on the staff of the Yuma Hosptal. Miss Hilda Harris (S.C.H., 1920) returned South with them.

Mrs. Archibald Maclean (Nursing Sister Joyce T. Wishart), of Lloydminster, has been visiting friends in the city.

On September 30th the Sisters of Charity of St. Paul's Hospital held their graduating exercises in the auditorium of St. Paul's Church. The hall was tastefully decorated with gold and red, the school colors, and across the platform hung the significant motto of the institution, "The Best Doing of the Least Thing." Banks of palms proved an effective back-ground for the group of white-uniformed nurses, nine of whom, from a class of fourteen, were present to receive their diplomas.

As chairman, Dr. R. H. MacDonald explained that, of the five absent graduates, four had already accepted and gone to fill positions in Saskatchewan hospitals, and one was unable to be present owing to illness. Before introducing the other speakers, Dr. MacDonald congratulated the class upon its high attainments. With the chairman on the platform were His Worship Mayor Young, Dr. Walter C. Murray, President of Saskatchewan University, Rev. Father D. J. O'Sullivan, and Mr. B. D. Macdonald, all of whom gave brief addresses. "Do what you can," Dr. Young said, "for the good of public health. You have the traditions of your profession and the traditions of this institution, which are both worthy of your highest efforts." After congratulations, he presented the diplomas, tied with the school colors, and the Reverend Sister Superior pinned on the school pins.

The graduates were:—Isabelle M. Devlin, Borgild E. Loken, May M J. Bond, G. J. Adelaide Cleator, Alice M. Stoker, Margaret A. Turner, Dorothy Loeppky, Louise Eus, Philoment M. St. Dennis, Margaret C. Campbell, Josephine M. Hennessey, Muriel E. McKellar, and Mary G. Walsh.

The Class of 1922 formed a charming escort for the graduates, and presented the great quantity of flowers sent by the friends of the graduating class.

Regina.

On Thursday evening, October 6th, the members of the local branch of the Saskatchewan Registered Nurses' Association were "At Home" informally in the Nurses' Home of the Regina General Hospital, to welcome the 1921 graduates of the Grey Nuns' and Regina General Hospitals, and also to give the nurses an opportunity of meeting Miss Garrow, the newly appointed Lady Superintendent of the Regina General Hospital. Musical numbers were given by the friends of the nurses, and in the tastefully decorated tea-room Mrs. W. A. Thomson and Mrs. W.

M. Van Valkenburg, former Lady Superintendents of the Regina General Hospital, presided at the tea table.

Miss Effie Fumerton (R.G.H., 1919) has figured as the "raison d'etre" of a number of interesting "showers." Dame Rumor has not vouchsafed any further details as yet.

SASKATCHEWAN SANITARIUM.

Miss M. Montgomery, Lady Superintendent, left on October 14th for a well-earned holiday.

Mrs. Kristine Thomson (B.G.H., 1915), formerly of the staff of the King George Hospital, Winnipeg, has accepted a position on the Sanitarium staff.

* * * *

ALBERTA

The annual meeting of the Alberta Association of Registered Nurses, with a joint meeting with the Alberta Hospital Association, was held November 8-11, in the University of Alberta, Edmonton, and in the First Presbyterian Church in the same city. A very full programme was arranged, combining papers of great interest with Round Table Conferences and demonstrations in Vocational Therapy, Massage, Electro-Therapy, of commercial exhibits and of hospital equipment. His Honor, the Lieutenant-Governor, R. G. Brett, M.D., presided at the public meeting, when an address on "Post-Graduate Nursing Studies in European Hospitals" was given by Miss Jean Browne, R.N.

* * * *

BRITISH COLUMBIA.

NEW WESTMINSTER.

Miss Frances Mason, R.N., a graduate of the Royal Columbian Hospital, New Westminster, who has been taking a post-graduate course in surgery at the Lane Hospital, San Francisco, has accepted a position in that institution as nurses' instructor in the operating room.

Miss M. Little, who has been on an extended visit in the east, has returned to her home.

Miss Ethel Johnstone (St. Boniface Hospital, 1918) has accepted the position of Night Supervisor in the Royal Columbian Hospital.

Miss Grace Taylor and Miss Cope, who have been taking post-graduate courses in the Lane Hospital, San Francisco, have accepted positions in the operating room and maternity departments of that hospital.

Miss Marion Frame has returned to the R.C.H. Hospital, after holidays spent in Seattle.

MERRITT.

Early in October, Hospital Donation Day brought a host of friends of the Nicola Valley General Hospital to the inspection of the hospital, ending with a delightful reception in the Nurses' Home. In the evening a progressive whist drive was held, which enabled the men of the town to do their part towards contributing to the support of their hospital. The affairs were financially a great success and showed a splendid interest taken by the towns-people in their hospital, and an acknowledgment by them of the work done by Miss Stinson and her staff.

The first meeting of the Vancouver General Hospital A. A. was held November 14th at the Nurses' residence, with Miss Marion Currie, president, in the chair. Plans for the winter's work were discussed and hopes expressed that the interest taken by the V.G.H. graduates would be greater than for the past few years. A splendid musical programme was enjoyed by all, followed by refreshments and a social hour.

"THE VIRGIN STILLS THE CRYING."

The Virgin stills the crying
Of Jesus, sleepless lying;
And singing for His pleasure
Thus calls upon her treasure:
"My darling, do not weep,
My Jesu, sleep!"

O lamb, my love inviting,
O Star, my soul delighting,
O Flower of mine own bearing,
O Jewel past comparing!
"My darling, do not weep,
My Jesu, sleep!"

My Child, of Might indwelling,
My Sweet, all sweets excelling,
O Bliss, the Fountain flowing,
The Dayspring, ever glowing,
"My darling, do not weep,
My Jesu, sleep!"

Barnby.

BIRTHS

ELLIOTT—At Midland, Ont., August 25th, 1921, to Mr. and Mrs. Thos. Elliott (Olive Anderson, K.G.H., 1919), a son.

FARLINGER—On October 1st, 1921, at New Liskeard, Que., to Dr. and Mrs. A. C. Farlinger (Sara McCorquodale, R.V.H., 1919), a son.

FRANK—At St. Joseph's Hospital, Sudbury, Ont., May, 1921, to Mr. and Mrs. J. B. Frank (Miss Violet Pomfrey, Riverdale Isolation Hospital, 1918, Toronto), a son.

GRAHAM—At Ottawa, September 4th, 1921, to Mr. and Mrs. Harper Graham (Nursing Sister Ada V. Gillespie, Kingston General Hospital, 1916), a son (stillborn).

TAYLOR—At the Ottawa Maternity Hospital, September 25th, 1921, to Mr. and Mrs. Leonard H. Taylor (Nursing Sister Ruth E. Dawn, T.G.H., 1909), a son.

LEWIS—In London, England, September 25th, 1921, to Mr. and Mrs. Charles E. Lewis, a daughter. Mrs. Lewis (Ray McLeish) is a graduate of the Vancouver General Hospital.

REID—To Mr. and Mrs. David Reid, in October, a daughter. Mrs. Reid was Julia Peters (G.P.H., 1914).

MERCER—To Mr. and Mrs. Henry Mercer, on August 31st, a daughter. Mrs. Mercer was Miss Annie Day (G.P.H., 1917).

MARRIAGES

REDMOND-DULMADGE—On September 6th, 1921, at St. Andrew's Church, Westmount, Que., Catherine A. Dulmadge (M.G.H., 1920), to Mr. William M. Redmond, of Montreal.

TELFORD-LOMER—On October 7th, 1921, at Christ Church Cathedral, Montreal, Elise M. Lomer (M.G.H., 1919), to Mr. Wallace Telford, of Montreal.

NEIL-MOON—At Godfrey, Ont., October, 1921, Ethel Moon (Kingston General Hospital, 1915), to Elmer Neil. Mr. and Mrs. Neil will reside in Niagara Falls, Ont.

BURRY-SHEFFIELD—At Lansdowne, Ont., September 14th, 1921, Lorena Sheffield (K.G.H., 1919), to Rev. John Burry. Mr. and Mrs. Burry will reside in Monteith, Ont.

KILBURN-MCEACHREN—At Renfrew, Ont., October 6th, 1921, Mrs. Alice McEachren (K.C.G., 1908), to Mr. E. Kilburn. They will reside in Renfrew, Ont.

BLAKELEY-FERGUSON—At Montreal, September 21st, 1921, Mary Ferguson (R.V..H, 1918), to Mr. Lester Blakney. They will reside in Truro, N. S.

ADAMS-ROBERTSON—At Toronto, June, 1921, Seaborn Robertson (R.V.H., 1915), to Mr. Robert Medd Adams.

WITHERS-DUFF—At St. John's Church, Toronto, on September 17th, 1921, Janet May Duff (General Hospital, St. Catharines), to Dr. Herbert Withers, Virginia. Dr. and Mrs. Withers will reside in Grenville, Vir.

THOMPSON-MORNINGSTAR—At Toronto, June 15th, 1921, Miss Lillian Mae Morningstar (Riverdale Isolation Hospital, 1917, Toronto), to Mr. Henry Walter Thompson, Toronto.

WEATHERBE-SCHOALES—At St. Paul's Anglican Church, Toronto, Ont., June 20th, 1921, Miss Frances Marion Schoales (Riverdale Isolation Hospital, 1915, Toronto), to Mr. Roy Weatherbe, Toronto.

SCULLION-GRATTON—At St. Catharines, Ont., July, 1921, Kathleen Gratton (graduate of the Women's Hospital, Toronto, 1918), to Mr. Ralph Hilton Scullion.

LOCKHART-KENNEDY—At Trinity Lutheran Church, Hamilton, Ont., Jean Annette Kennedy (Hamilton General Hospital, 1920), to George Clarenee Lockhart, of Windsor, Ont.

DEMERCHANT-KEE—At St. John, in August, Ethel E. Kee (G.P.H., 1919), to Oscar DeMerchant.

CHISHOLM-BURK—In Boston, Mass., Alice E. Burk (G.P.H., 1919), to Charles Chisholm.

DEATHS

HUDSON—At Moose Jaw, Sask., Mrs. Hudson (Miss Galbraith, Kingston General Hospital, 1912), wife of Dr. Hudson, Moose Jaw, Sask. The sympathy of the K.G.H.A.A. is extended to the bereaved family.

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Regular Meeting—Second Wednesday, 8 p.m.

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Regular Meeting—Second Friday.

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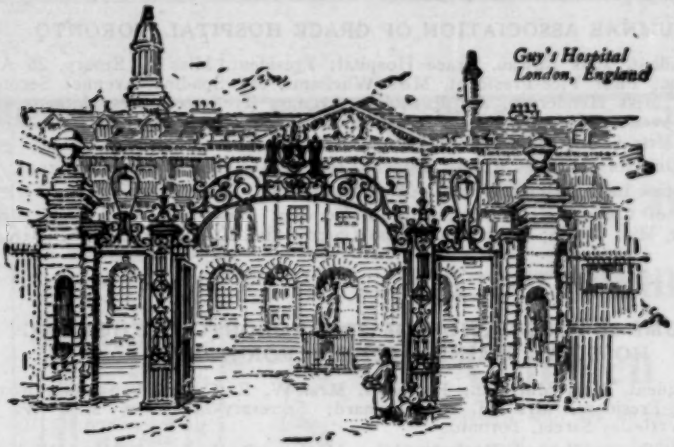

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THE CANADIAN NURSE

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Owned and Published Monthly by the Canadian National Association of Trained Nurses

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JANUARY, 1922

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EDITOR, C. M. A. J.

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